

WEEK 1	31.08.21	WEEK 9	01.11.21	WEEK 16	03.01.22	WEEK 22	21.02.22	WEEK 28	18.04.22	WEEK 34	06.06.22
<p>R – Resilience LO: To describe and explain how we are able to be resilient following the COVID-19 outbreak</p> <p>MW1, MW2, MW5</p>		<p>Time Management LO: To understand the importance of time management in Year 11</p>		<p>Basic first aid: LO: Learn about basic treatment for common injuries, lifesaving skills and purpose of defibrillators.</p> <p>BFA1, BFA2, BFA3</p>		<p>The difference between love and abuse LO: To understand the differences between a loving relationship and an abusive / overpowering relationship.</p> <p>SE1, SE2, SE5, RE1, RE2, RE6, RE7, RE8</p>		<p>The prevalence of STI’s and how they can impact on life. Where you are able to get help with sexual health. LO: To understand how ignoring an STI can affect your long term health.</p> <p>SE1, SE2, SE3, SE9, SE10, SE12</p>			
WEEK 2	06.09.21	WEEK 10	08.11.21	WEEK 17	10.01.22	WEEK 23	28.02.22	WEEK 29	25.04.22	WEEK 35	13.06.22
<p>E – Empathise LO: To understand how others and ourselves may be feeling and ways to support each other.</p> <p>MW1, MW2, MW3, MW4, MW5, MW6</p>		<p>The importance of happiness LO: To understand the importance of being happy and the support offered by the school.</p> <p>MW1, MW2, MW5, MW6</p>		<p>Healthy lifestyle and cancer LO: To understand how a healthy lifestyle can limit the risks of cancer also learn about importance of immunisation and vaccination.</p> <p>PH1, PH2, PH4</p>		<p>Domestic Abuse LO: To understand what constitutes domestic abuse and how it can happen to men and women.</p> <p>SL1, SL2, BS1, BS2, RE6, RE7</p>		<p>What are the roles needed in parenting (responsibilities of both parents) – recap of options should you fall pregnant. LO: To understand the responsibilities of both men and women in raising a child.</p> <p>FA5, FA6, FA7, RE1</p>			
WEEK 3	13.09.21	WEEK 11	15.11.21	WEEK 18	17.01.22	WEEK 24	07.03.22	WEEK 30	02.05.22	WEEK 36	20.06.22
<p>C – Construct LO: To understand how trust can be rebuilt and how we are able to work together as a school community.</p> <p>FA7, RE1, RE2, SL11</p>		<p>What is Mental Health? LO: To understand the meaning of mental health.</p> <p>MW1, MW2, MW3, MW4, MW5, MW6</p>		<p>What are the choices in relation to pregnancy? What options can you take with an unplanned pregnancy? LO: To understand the routes to take with an unplanned pregnancy.</p> <p>SL5, FA7, SE2, SE3, SE6, SE7, SE8, SE12</p>		<p>Sexual Harassment LO: To understand the meaning of sexual harassment and the law.</p> <p>RE6, RE7, RE8, BS1, BS2, SL2, SE1, SE2, SE11</p>		<p>Post 16 choices and careers LO: To understand the options available to you after you leave Year 11</p>			
WEEK 4	20.09.21	WEEK 12	22.11.21	WEEK 19	24.01.22	WEEK 25	14.03.22	WEEK 31	09.05.22	WEEK 37	27.06.22
<p>O – Opportunities LO: To describe and plan for the opportunities which have come as a result of COVID-19 and how we are able to use this to support our future learning.</p> <p>MW5</p>		<p>Dealing with exam stress and anxiety LO: To identify different coping methods to deal with exam stress.</p> <p>MW3, MW4</p>		<p>Abortion, adoption and where to get help. LO: To understand the options relation to abortion, adoption and where to get help.</p> <p>SE2, SE3, SE5, SE6, SE7, SE8</p>		<p>Sexual Health and contraception LO: To understand the importance of good sexual health and different forms of contraception.</p> <p>SE1, SE2, SE3, SE4, SE5, SE6, SE7, SE8, SE9, SE10, SE12</p>		<p>Making Applications LO: Support in making an application to Sixth form.</p>			
WEEK 5	27.09.21	WEEK 13	29.11.21	WEEK 20	31.01.22	WEEK 26	21.03.22	WEEK 32	16.05.22	WEEK 38	04.07.22
<p>V – Vulnerability LO: To describe how we are all vulnerable, and explain how we can use our vulnerabilities to help make us stronger.</p> <p>RE1, RE2, RE6, FA7</p>		<p>Stress and Performance LO: To provide examples of how to use stress to help improve performance in stressful situations.</p> <p>MW3, MW5</p>		<p>Fertility issues and the menopause LO: To describe the menopause and how fertility can impact women. – Causes of infertility.</p> <p>SE2, SE3, SE6, SE7, SE8, SE12</p>		<p>Bacterial and Viral STI/STD LO: To understand the differences between bacterial and viral STI’s</p> <p>SE5, SE9, SE10, SE12</p>		<p>CV writing LO: To provide examples of a CV and how to write your own.</p>			

WEEK 6	04.10.21	WEEK 14	06.12.21	WEEK 21	07.02.22	WEEK 27	28.03.22	WEEK 33	23.05.22	WEEK 39	11.07.22
E – Engagement LO: To understand how we can engage in education, conversations and progress to support with the recovery from COVID 19 MW1		Stress Management LO: To explore methods to help manage stress. MW3, MW5		Impact of fertility on both men and women and long term life impacts LO: To understand how fertility can impact both men and women. FA5, SE1, SE2, SE3, SE12		STI's/STD and clinics to get help LO: Information on STI's and where to get help if you think you have one. SE10, SE12		Interview preparation LO: To provide tips on how to prepare for an interview.			
WEEK 7	11.10.21	WEEK 15	13.12.21	14.02.22		04.02.22		30.05.22		WEEK 40	18.07.22
R – Relationships LO: To describe how we are able to rebuild relationships with peers, teachers and the school to allow for progression through this changing time. RE1, RE2, RE3, RE4, RE5, RE6, RE7, RE8		Revision skills – preparation for Mocks LO: To identify ways of revising which can be used in the exams. MW3, MW5		HALF TERM		EASTER		HALF TERM			
WEEK 8	18.10.21	20.12.21				11.04.22					
Y – Year Ahead LO: To create ways we are able to move forward and develop our skills. Creating targets for ourselves. MW1		CHRISTMAS				EASTER					
25.10.21		27.12.21									
HALF TERM		CHRISTMAS									

RELATIONSHIP EDUCATION

SAFEGUARDING THROUGH LAW

PHYSICAL HEALTH AND MENTAL WELLBEING

SEX EDUCATION

CODE	Families:
FA1	Different types of relationships
FA2	Happiness from relationships
FA3	What is marriage and it's legal status
FA4	Why is marriage an important choice
FA5	Long term relationships
FA6	Roles and responsibilities of parents
FA7	Trust and safety in relationships

CODE	Respectful relationships including friendships:
RE1	Healthy relationships
RE2	Improve and support respectful relationships
RE3	How stereotypes cause damage
RE4	Tolerance and respect in wider society
RE5	Different types of bullying
RE6	Violent and coercive behaviour in relationships
RE7	Sexual violence and sexual harassment
RE8	Equality including legal rights

CODE	Online and Media:
OM1	Rights, responsibilities and opportunities online
OM2	Online risks
OM3	Sharing information online
OM4	Support for online issues
OM5	Impact of viewing harmful content
OM6	Pornography
OM7	Criminal offence online
OM8	How data is used and shared online

CODE	Being Safe:
BS1	Laws related to FGM, abuse, grooming, rape etc
BS2	Consent

CODE	The Law:
SL1	Consent
SL2	Violence against women
SL3	Online behaviours
SL4	Pornography
SL5	Abortion
SL6	Sexuality
SL7	Gender identity
SL8	Substance misuse
SL9	Gang violence
SL10	Extremism/radicalisation
SL11	Hate crime
SL12	FGM

CODE	Mental wellbeing :
MW1	Communicating emotions accurately
MW2	Happiness
MW3	Signs of mental wellbeing concerns
MW4	Types of mental illnesses
MW5	Positive and negative effects on mental health
MW6	Benefits of keeping active

CODE	Internet Safety and Harm :
IS1	Virtual world and physical world
IS2	Identify harmful online behaviours

CODE	Physical health and fitness :
PH1	Physical activity and mental wellbeing
PH2	Healthy lifestyle
PH3	Science relating to blood, organ donation
PH4	Healthy eating

CODE	Drugs, Alcohol, Tobacco :
DA1	Legal, illegal drugs and their risks
DA2	Law related to supply and possession of illegal drugs
DA3	Alcohol consumption - physical, psychological risks
DA4	Consequences of addiction
DA5	Dangers of drugs
DA6	Facts about smoking tobacco

CODE	Health and prevention :
HP1	Personal hygiene
HP2	Dental hygiene
HP3	Self-examination and screening
HP4	Immunisation and vaccination
HP5	Importance of good quality sleep

CODE	Basic first aid :
BFA1	Basic treatment for common injuries
BFA2	Life saving skills
BFA3	Purpose of defibrillators

CODE	Changing adolescent body :
CAB1	Puberty
CAB2	Male and female changes during puberty

CODE	Intimate Sexual relationships and sexual health :
SE1	Characteristics of healthy one-to-one intimate relationships
SE2	Impact of choices made in sex and relationships
SE3	Facts about reproductive health
SE4	Identifying peer pressure and sexual pressure
SE5	Choice to delay sex, intimacy without sex
SE6	Contraceptive choices
SE7	Pregnancy
SE8	Choices in relation to pregnancy
SE9	Sexually Transmitted Infections and diseases
SE10	Prevalence of some STIs
SE11	How alcohol and drug can lead to sexual behaviour
SE12	Confidential sexual health advice and treatment