

WEEK 1	31.08.21	WEEK 9	01.11.21	WEEK 16	03.01.22	WEEK 22	21.02.22	WEEK 28	18.04.22	WEEK 34	06.06.22
R – Resilience LO: To describe and explain how we are able to be resilient following the COVID-19 outbreak MW1, MW2, MW5		Anxiety and Self Harm LO: To explain the challenges of anxiety and self-harm, MW3, MW4		Gender and Identity (L1) LO: To explain the differences between gender and identity SL7		Dealing with change LO: Explain how to deal with changes linked to moving away from home and changes in relationships. MW1, MW3, MW4		Online presence and moving forward LO: To understand how your digital footprint could affect you getting a job. OM1, OM2, OM3, OM4, OM5, OM6, OM7, OM8			
WEEK 2	06.09.21	WEEK 10	08.11.21	WEEK 17	10.01.22	WEEK 23	28.02.22	WEEK 29	25.04.22	WEEK 35	13.06.22
E – Empathise LO: To understand how others and we may be feeling and ways to support each other. MW1, MW2, MW3, MW4, MW5, MW6		Coping with stress and anxiety LO: To explain how to cope with stress and anxiety MW3, MW4		Gender and Identity (L2) Lo: To explain how people may choose to identify SL7, RE4		Contraception – revisited LO: To understand and explain the different types of contraception. SE1, SE2, SE3, SE4, SE5, SE6, SE7, SE8, SE9, SE10, SE11, SE12		Money and tax codes LO: To understand how to manage money, pay slips and understand tax codes.			
WEEK 3	13.09.21	WEEK 11	15.11.21	WEEK 18	17.01.22	WEEK 24	07.03.22	WEEK 30	02.05.22	WEEK 36	20.06.22
C – Construct LO: To understand how trust can be re-built and how we are able to work together as a school community. FA7, RE1, RE2, SL11		Transitions in life (University) LO: To understand how moving out can affect your life and managing it.		Cultural Appropriation LO: To explain how culture can represent how we are seen. RE2, RE4		Unplanned pregnancy and miscarriage. LO: To understand what to do if you have an unplanned pregnancy or miscarriage. SE1, SE2, SE3, SE4, SE5, SE6, SE7, SE8, SE12		Payday loans LO: To understand the risks associated with payday loans and how the interest can increase rapidly.			
WEEK 4	20.09.21	WEEK 12	22.11.21	WEEK 19	24.01.22	WEEK 25	14.03.22	WEEK 31	09.05.22	WEEK 37	27.06.22
O – Opportunities LO: To describe and plan for the opportunities which have come as a result of COVID-19 and how we are able to use this to support our future learning. MW5		Living a healthy lifestyle LO: To explain how to have a healthy lifestyle. PH1, PH2, PH4		Cosmetic and Plastic surgery LO: To explain the impacts of cosmetic and plastic surgery and how it can go wrong. PH1, PH2, PH4		Honour violence / honour killings LO: To understand why honour based violence and killings occur and the challenges this creates. SL2, RE1, RE2, RE3, RE6		Interest rates and savings LO: How you are able to save your money and the different types of accounts available.			
WEEK 5	27.09.21	WEEK 13	29.11.21	WEEK 20	31.01.22	WEEK 26	21.03.22	WEEK 32	16.05.22	WEEK 38	04.07.22
V – Vulnerability LO: To describe how we are all vulnerable, and explain how we can use our vulnerabilities to help make us stronger. RE1, RE2, RE6, FA7		Forced Marriage LO: To explain the characteristic of forced marriage and what to do if you believe you are being forced into a marriage. FA3, FA4, FA5		Sub-Culture and Extremism LO: To understand how sub-cultures can be used and linked to extremist behaviour. SL10, SL11		Toxic and Unhealthy relationships LO: To understand toxic and unhealthy relationships and the signs to look for in these. RE1, RE2, RE3, RE4, RE5, RE6, RE7, RE8		Managing your student loan LO: Understanding how to budget with your student loan.			

WEEK 6	04.10.21	WEEK 14	06.12.21	WEEK 21	07.02.22	WEEK 27	28.03.22	WEEK 33	23.05.22	WEEK 39	11.07.22
E – Engagement LO: To understand how we can engage in education, conversations and progress to support with the recovery from COVID 19 MW1		Healthy and unhealthy relationships LO: To explain the characteristics of a healthy and unhealthy relationship. RE1, RE2, RE6, RE7, RE8		Extremism and its challenges LO: To explain the challenges facing extremism and groups which are extreme, SL10, SL11		How to remove yourself from unhealthy relationships LO: To explain how to remove yourself safely from a harmful or unhealthy relations. RE1, RE2, RE3, RE4, RE5, RE6, RE7, RE8		Social justice LO: To understand the need for justice in society. RE4, RE8			
WEEK 7	11.10.21	WEEK 15	13.12.21		14.02.22		04.02.22		30.05.22	WEEK 40	18.07.22
R – Relationships LO: To describe how we are able to rebuild relationships with peers, teachers and the school to allow for progression through this changing time. RE1, RE2, RE3, RE4, RE5, RE6, RE7, RE8		Domestic Violence LO: To explain the features of a domestic violent relationship, how to end it safely and how it can happen to both men and women. RE1, RE2, RE3, RE4, RE5, RE6, RE7, RE8, BS1, BS2, SL2									
WEEK 8	18.10.21		20.12.21				11.04.22				
Y – Year Ahead LO: To create ways we are able to move forward and develop our skills. Creating targets for ourselves. MW1											
	25.10.21		27.12.21								

RELATIONSHIP EDUCATION

SAFEGUARDING THROUGH LAW

PHYSICAL HEALTH AND MENTAL WELLBEING

SEX EDUCATION

CODE	Families:
FA1	Different types of relationships
FA2	Happiness from relationships
FA3	What is marriage and it's legal status
FA4	Why is marriage an important choice
FA5	Long term relationships
FA6	Roles and responsibilities of parents
FA7	Trust and safety in relationships

CODE	Respectful relationships including friendships:
RE1	Healthy relationships
RE2	Improve and support respectful relationships
RE3	How stereotypes cause damage
RE4	Tolerance and respect in wider society
RE5	Different types of bullying
RE6	Violent and coercive behaviour in relationships
RE7	Sexual violence and sexual harassment
RE8	Equality including legal rights

CODE	Online and Media:
OM1	Rights, responsibilities and opportunities online
OM2	Online risks
OM3	Sharing information online
OM4	Support for online issues
OM5	Impact of viewing harmful content
OM6	Pornography
OM7	Criminal offence online
OM8	How data is used and shared online

CODE	Being Safe:
BS1	Laws related to FGM, abuse, grooming, rape etc
BS2	Consent

CODE	The Law:
SL1	Consent
SL2	Violence against women
SL3	Online behaviours
SL4	Pornography
SL5	Abortion
SL6	Sexuality
SL7	Gender identity
SL8	Substance misuse
SL9	Gang violence
SL10	Extremism/radicalisation
SL11	Hate crime
SL12	FGM

CODE	Mental wellbeing :
MW1	Communicating emotions accurately
MW2	Happiness
MW3	Signs of mental wellbeing concerns
MW4	Types of mental illnesses
MW5	Positive and negative effects on mental health
MW6	Benefits of keeping active

CODE	Internet Safety and Harm :
IS1	Virtual world and physical world
IS2	Identify harmful online behaviours

CODE	Physical health and fitness :
PH1	Physical activity and mental wellbeing
PH2	Healthy lifestyle
PH3	Science relating to blood, organ donation
PH4	Healthy eating

CODE	Drugs, Alcohol, Tobacco :
DA1	Legal, illegal drugs and their risks
DA2	Law related to supply and possession of illegal drugs
DA3	Alcohol consumption - physical, psychological risks
DA4	Consequences of addiction
DA5	Dangers of drugs
DA6	Facts about smoking tobacco

CODE	Health and prevention :
HP1	Personal hygiene
HP2	Dental hygiene
HP3	Self-examination and screening
HP4	Immunisation and vaccination
HP5	Importance of good quality sleep

CODE	Basic first aid :
BFA1	Basic treatment for common injuries
BFA2	Lifesaving skills
BFA3	Purpose of defibrillators

CODE	Changing adolescent body :
CAB1	Puberty
CAB2	Male and female changes during puberty

CODE	Intimate Sexual relationships and sexual health :
SE1	Characteristics of healthy one-to-one intimate relationships
SE2	Impact of choices made in sex and relationships
SE3	Facts about reproductive health
SE4	Identifying peer pressure and sexual pressure
SE5	Choice to delay sex, intimacy without sex
SE6	Contraceptive choices
SE7	Pregnancy
SE8	Choices in relation to pregnancy
SE9	Sexually Transmitted Infections and diseases
SE10	Prevalence of some STIs
SE11	How alcohol and drug can lead to sexual behaviour
SE12	Confidential sexual health advice and treatment